

Member Swimming

	06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00	
MONDAY	ADULT ONLY SWIMMING				AQUA 10:30 11:15	AQUA 11:30- 12:15	ADULT ONLY SWIMMING			SWIMMING LESSONS LANE ONE 16:00-18:00			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING	
TUESDAY	ADULT ONLY SWIMMING			AQUA 09:15 10:00	ADULT ONLY SWIMMING				SWIMMING LESSONS LANE ONE 16:00-18:00			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING		
WEDNESDAY	ADULT ONLY SWIMMING				AQUA 10:00 11:00	ADULT ONLY SWIMMING				SWIMMING LESSONS LANE ONE 16:00-18:00			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING	
THURSDAY	ADULT ONLY SWIMMING				AQUA 10:00 10:30	AQUA 10.45 11.15	ADULT ONLY SWIMMING			SWIMMING LESSONS LANE ONE 16:00-18:00			CHILD SWIM TIMES 14:00 - 19:00		AQUA 19:00 20:00	ADULT ONLY SWIMMING	
FRIDAY	ADULT ONLY SWIMMING						ADULT ONLY SWIMMING			No Lessons			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING	
SATURDAY	ADULT ONLY SWIMMING				ADULT ONLY SWIMMING				No Lessons			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING	ADULT ONLY SWIMMING	
SUNDAY	ADULT ONLY SWIMMING				ADULT ONLY SWIMMING				No Lessons			CHILD SWIM TIMES 14:00 - 19:00			ADULT ONLY SWIMMING	ADULT ONLY SWIMMING	

- AQUA: One swimming lane will be in operation for adult swimming during scheduled AQUA classes.
- Swimming lessons will be conducted in lane one only and will be unavailable for member use during scheduled lessons.
- Terms and conditions. The timetable is subject change and is based on Instructor availability.